

Expanding Your Vision with R&F Pigment Sticks, oils and mixed media

Lisa Pressman

All workshops will concentrate on content, creativity and art making and of course technique. I will be revisiting the fundamentals of art including: color, composition, mark making and more. I schedule fast paced demos and exercises along with plenty of painting time, personal attention and group discussions. My specialty is focusing on each individual's needs, editing and critique. Each class is a different experience!

Expanding Your Vision with R&F Pigment Sticks, oils and mixed media will be focused on approaching painting and the creative process using R&F pigments sticks, drawing supplies, oil, cold wax, pan pastels and more. The [Cold Wax Medium Book](#) will be out in 2017 and that will be required reading for all those using cold wax.

Supply List

20pcs. 9x12 for painting exercise **ARCHES** oil paper. Comes in 9 x 12 pads.

Taped with painters tape (trick: lay tape on your jeans to remove some the stickness so when you pull it up it won't pull paper) with one inch border around and then in half. See photos



Supports

4-6 Ampersand Encaustic Bord, Ampersand Gesso board or birch panels

prepared for oil: gessoed (NOT AMPERSAND VALUE SERIES) Instructor recommends the panels being the same size. Arches oil paper is excellent and an easy solution if traveling. All boards/paper should be the same size preferably square and no larger than 20 x 20

Oil Paint: large tube of Titanium white and plus a variety of colors: Choose colors that you like to paint with. I like Gamblin, Williamsburg paints. Small tubes are fine. Look for combination of transparent and opaque choices.

16 oz GAMBLIN cold wax medium...Jerry's, Dick Blicks

several brushes(cheap are fine) for oil paint various sizes a couple of
palette knives, scrapers, silicone bowl scraper (amazon) SEVERAL soft
rubber brayers speedball 4 inch, 6 inch

Paper palette 12" x 16"

1 Messermeister Silicone Bowl Scraper, Blue from Amazon

1 larger shower squeegee,

Drawing materials- one large graphite stick, 1 eraser

Rags or paper towels

Blue painters tape

Wax paper for layering between wet panels

Cardboard (pizza boxes) for transporting wet work home

Unscented baby wipes, quick clean up

Disposable gloves

Newsprint

Cheap tissue paper

Various mark making tools (printmaking, sculpture, ceramic, dental, culinary);

Apron

Any specific stencils that you may want to use (we will have some stencils

to choose from)

Small pieces of mat board, sponges, a small whisk broom or dish scrubber, anything that you think might make interesting texture—nothing fancy or expensive, they will get paint on them.