

Taking Risks & Getting to Trust Your Own Quirky Self- Expressionistic Painting TAMMRA SIGLER 2017

SUPPLY LIST -

These are just suggestions....whatever you might have is a usable start.

• paper or canvas— any kind of paper or even corrugated cardboard...or poster board or brown wrapping paper or butcher paper...although it is not archival it is fine to get loosened up You can work on paper up to about 45". **(THE CENTER HAS PAPER FOR YOU TO USE AND I BRING A GOOD QUALITY PAPER THAT YOU CAN PURCHASE BY THE SHEET FOR \$2.50 A SHEET. (If you are dying to work on canvas, bring it along. I encourage my students to work of paper because it affords greater freedom.)**

- charcoal (SOFT... vine charcoal) IMPORTANT!
- Big eraser
- clips or tape to clip paper on masonite board (The Center has the boards)
- masking tape
- oil or acrylic paints.
- Gels and mediums.....turpentine if using oil...(ODERLESS)
- some colors to include—as many as possible of: *These color names are specific to oil.....ask sales person to convert you comparable colors for acrylics.
- Oil Paint Sticks as many colors as you choose.
- Optional- craypas (oil pastels)
- Pastels or pastel sticks (soft)

Winsor & Newton (these are oil color names...convert as best to can to Acrylic)

(If working in acrylic ...the Winsor colors are very basic. No need for Cadmium colors too expensive)

winsor red
winsor blue
winsor yellow
winsor green
purple lake
paynes gray

Any brand of the following:

yellow ochre
naples yellow
raw umber
burnt sienna

phthalo green
phthalo blue
ivory black
ultramarine blue
orange
magenta
rose madder or alizerine crimson
WHITE—LARGE

These are just ideas for any of you who may feel lost in an art store for the first time. If you already have your favorites that's fine. You also do not need all of these colors...but this is a nice general palette.

*brushes—natural bristle—like Robert Simmons “Signet” bristle (green tips)...filberts (not flats or rounds) sizes # 2,4,6,8,10,12,14---at least 4 or 5 brushes. These are good for oil or acrylic. **Please do NOT buy cheap sets of brushes from Michaels. You will just be throwing your money away.** If you are using acrylics you may like synthetic brushes rather than natural bristles...but be sure it is springy and not soft. Also large “sash brushes” by Escoda are great fun and are typically available locally @ Koenig Art Emporium on Central Ave. in Naples

- Paper palette pad—or your preference
- rags or paper towels
- smock or old clothes---shirt
- small jar of medium (linseed oil) 2 or 3 cans or jars to hold brushes while working and to hold turpentine or water
- turpentine or mineral spirits—***ODERLESS**—for cleaning oil brushes (and a jar for disposal of turps)
- ***small note pad** or sketch pad for notes...You will want to jot down some thoughts

HERE IS A TIP FOR MEDIUM FOR THOSE OF YOU USING ACRYLICS:

The formula is: 1/3 matte medium, 1/3 gloss medium und 1/3 water! Combine it in a squeeze bottle. You will love it. (get all liquid mediums...not paste)

I am very flexible and open to experiment. This list is only a base-line guide.